

Dear Player,

You have been selected for the upcoming fixture against <u>Hampshire Schools</u>. Please wear white shirt, navy/blue tie, black trousers and black shoes to the game. Make sure you have prepared right taking on board fluids and correct nutrition 2-3 days before match day.

Match Details

Opposition: Hampshire Schools **Date:** Friday 18th March 2016

Venue: Worthing FC (3G), Woodside Road, Worthing, West Sussex BN14 7HQ.

Kick Off: 2pm

Pick Up Points (Time): East - Worthing FC (closest station is Worthing central) (1245)

West - Worthing FC (closest station is Worthing central) (1245)
Central - Worthing FC (closest station is Worthing central) (1245)

Squad to be Selected from...

1.	David Carruthers	St Bedes
2.	Rui Buckland	Worthing College
3.	Luke Emberson	BHASVIC
4.	Ryan Doyle	Thomas Bennett
5.	Angel Aguillera	Buckswood School
6.	Henry Watson	Cardinal Newman
7.	Elliot Dollner	Worthing College
8.	Austen Symons	Varndean College
9.	Ross Edwards	Worthing College
10.	Jack Whitmore	City College Brighton & Hove
11.	Guy Bolton	BHASVIC
12.	Matt Hards	The Weald School
13.	Mike Waller	Steyning Grammar
14.	George Cody	Chichester College
15.	Harry Russell	Worthing College
16.	Lucas Rodrigues	City College Brighton & Hove
17.	Charlie Coppola	BHASVIC
18.	Tom Watson	Cardinal Newman

Reserve List (Be ready to come into the squad if players are unavailable)

1.	James Thurgar	Worthing College
2.	Freddie Rogers	Bexhill College
3.	Knory Scott	St Bedes
4.	Kieran Deacon	Chichester College
5.	Jordan Astell	Bexhill College
6.	Sam Murrell Lemon	Thomas Bennett
7.	Danny Thompson	Chichester High School

Please notify the Sussex coaching staff of your <u>availability</u> and your <u>pick up point of choice BEFORE Wednesday 16th March</u> by emailing Dave Hall on <u>d.hall@worthing.ac.uk</u> or text 07845177247.

If we do not hear from you player(s) on the reserve list will be given the opportunity to represent the County. Reserves will be contacted if required by <u>Wednesday 16th March 2016.</u>
Good luck & we are sure you will represent Sussex & your College with pride!

Dave Hall

Jude Mac Donald

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